



Explore the  
BARREIROS that  
stays with you



Barreiros  
queda en ti

**Tourist Office**  
Rúa Vila 78 - bis  
(Socio-cultural centre)  
Coordinates:  
43.541661, -7.233609

982 134 400  
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Barreiros Turismo

Edition and photos: Concello de Barreiros



## Barreiros

*stays with you*

Municipality next to the **Lugo coastline**, along the Cantabrian Sea. It's connected with the A-8 highway, which goes through the north of Spain. A destination full of kind people, breathtaking landscapes and a nice temperature. It's perfect for travelers without haste who enjoy calm trips that allow to fully immerse in nature and cultural heritage.



Barreiros Turismo Web



A Mariña Lucense



Galicia



As Catedrais Beach booking

## Gastronomy and accommodation



*Spend as much time as you need resting and enjoying the best delicacies of our land and sea.*

Barreiros has a **great range of accommodations to choose from** and your host will make you feel like home. From touristic apartments, camping or rural houses to hotels and hostels, many of them were recently renovated or built with a lot of care in order to have all your needs met.

The coast of Lugo and Galicia has a **rich gastronomy** of unparalleled quality and variety. Our coasts provide us with the *merluza de pincho* de Celeiro (hake), the *bonito* of Burela and delicious seafood. Our land provides us with legumes like the beans of Lourenzã and various fruits and vegetables, but also products from native species and excellent Galician milk. And don't forget about our wide range of bakeries and cake shops!

Just close your eyes and enjoy!

**Consult restaurants:**



**Consult accommodation:**



Scan this code



### INTEREST POINTS

- |                         |                        |
|-------------------------|------------------------|
| VILLAGE                 | SURF AREA              |
| INDIANO HERITAGE        | DOG BEACH              |
| HERALDIC HERITAGE       | PARAGLIDING            |
| ETHNOGRAPHIC HERITAGE   | BIRD WATCHING          |
| ARCHAEOLOGICAL HERITAGE | PROTECTED NATURAL AREA |
| PARISH CHURCH           | NATIVE FOREST          |
| HIKING                  | WATERFALL              |
| BEACHES                 | WAY OF ST. JAMES       |

### SERVICES

- |                       |                          |
|-----------------------|--------------------------|
| TOURIST OFFICE        | RAILWAY STOP             |
| HEALTH CENTRE         | PLAYGROUND               |
| TOWN HALL             | PICNIC AREA              |
| PUBLIC LIBRARY        | PHARMACY                 |
| SOCIO-CULTURAL CENTRE | SUPERMARKET              |
| FOOTBALL PITCH        | PETROL STATION           |
| SPORTS CENTRE         | AUTOMATIC TELLER MACHINE |
| PARKING SPACE         | INDUSTRIAL PARK          |

### ROADS

- |                |
|----------------|
| MOTORWAY       |
| A-ROAD         |
| SECONDARY ROAD |
| UNPAVED ROAD   |
| PATH           |

### interest phone numbers

**Town hall:**  
+34 982 124 002  
**Health Centre:**  
+34982 124 105 / +34 982 122 555  
**San Cosme pharmacy:**  
+34 982 124 351  
**San Miguel pharmacy:**  
+34 982 134 900  
**Civil Guard:**  
+34 982 124 194  
**Civil Protection:**  
+34 619 515 400  
**San Cosme Taxi:**  
+34 626 309 815  
**San Miguel Taxi:**  
+34 616 636 202  
**Vilamar Taxi:**  
+34 607 587 895  
**Arriva (bus):**  
+34 981 311 213  
**Feve-Renfe (train):**  
+34 981 164 269



# Nature

Embrace the slow and relaxing life by visiting a variety of landscapes and unparalleled destinations.



# Beaches

There are numerous beaches with fine white sand to roam at while you feel the sea breeze on your face.

The touristic cover letter of Barreiros consists of **8 km of consecutive sandbanks** between the **As Catedrais beach (Ribadeo)** and the **Foz-Masma ria**. These beaches, as well as the promenade next to the sealine, allow for long and relaxing walks that will let you to see the biodiversity of the coast and its geological singularities. If you like swimming, the water of this coast has one of the highest temperatures in Galicia. Don't forget your surfboard either, as the coast terrain provides us with good waves for both beginners and experts.



# Santo Estevo do Ermo

A peaceful spot to let yourself flow and connect with nature. This forest with local species constitutes a magical and quiet place. Here, your walk will turn into an experience where you will find natural, architectonic and ethnographic elements waiting for a curious gaze that savours every moment. This solitary spot surrounded by an ancient chapel, a river, fountains and a waterfall is a must-see. Visiting requires silence, serenity and a deep respect for nature, as you should avoid leaving traces of your visit.

Coordenaates to access an dparking: 43.533458, -7238562  
\*Access is signposted fromSan Cosme.  
Place coordinates: 43.523298, -7237026  
\*It is not recommended to reach the forest by vehicle for preservation reasons.  
Distance between both spots: 1,3Km.  
Forest walk: 1Km circular.  
Aprox-round trip total: 3,6Km

# Penabor and Comado viewpoints

The endless Cantabrian horizon at our feet. Both mountains have Atlantic wet heaths and they are classified as a Special Landscape Interest Area of Galicia. On sunny days, they offer us broad panoramic sights over the Cantabrian wave-cut platform. Penabor is at an altitude of 334 meters and only 3 km away from Santo Estevo do Ermo. At this hill you'll be fascinated by the natural beauty of the entirety of the Foz-Masma ria. From there you can observe its dimensions, shapes and colours. On the other side, Comado Mountain raises 468 meters above the vastness of the Cantabrian Sea. From there, you can see all the way from Burela to Tapia de Casariego, on the neighbouring region Asturias. It's the ideal place to practice paragliding, as it's one of the best flight zones on the Lugo coastline.



Penabor coordinates: 43.529521, -7226542  
\*The last 1,2Km are unpaved.  
Access is signposted from San Cosme.  
Comado coordinates: 43.527954, -7170740.  
\*Access is signposted from San Miguel de Reinante.  
The last 2,2Km are unpaved.  
It's recommended to climb the last stage on foot.



# The Northern Way of Saint James



For most pilgrims, the Way is an experience of personal rediscovery and special connection with the environment. Barreiros is part of the first stage in Galicia of this World Heritage Jacobean way, which goes through a rural area of great natural beauty. This route, which is as old as the French Way, is considered one of the most peaceful ways to Santiago de Compostela. After leaving Ribadeo behind, you'll enter the municipality of Barreiros. There, you'll enjoy green landscapes on an 8 km stretch before you finish the stage by Lourenzá. This way will allow you to get to know the outstanding ecclesiastical and civil heritage of the area, as well as experiment the rural nature of our municipality.

# The Foz - Masma ria



The rias, one of the best singularities of the Galician coast. This ria (stuary) is a natural jewel endorsed by the Natura 2000 network. It's one of the strategic wetlands for the observation of wintering birds such as common curlews, ospreys, common spoonbills and grey herons, among other water birds and waders. The water is perfect to play nautical sports with low environmental impact such as kayaking or paddle surf. The Special Area of Conservation (SAC) comprises the central and lower reaches of the Masma River, one of the only salmon rivers of Galicia.

## HIKING TO ENJOY THIS NATURAL SPACE



Lagoa de Pallares route



Natural path of the Cantabrian (Stage 2)



Natural path of San Rosendo

# Special Area of Conservation: As Catedrais



This coastal strip extends from the Lóngara beach (Barreiros) to the Penedo do Corvo (Ribadeo). Its name is a reference to this sea-side from Ribadeo and it's considered one of the most beautiful beaches in the world. It has a variety of habitats and geomorphologically interesting places that make it unique. It's important to highlight the dune system of the Arealonga beach. These dunes also maintain a peat bog on its west side, with fossil remains of an 8000-year-old forest.



# Cultural heritage

Remainings from our popular identity which symbolize the lifestyle of our ancestors. This legacy constitutes a great outdoor museum that fuses with the landscape. You just have to travel through our territory to find the multiple castros, hórreos, pazos, indianos houses, churches, crosses, water-mills, public laundries, fountains and other interesting structures. We suggest two plans in order to discover the remainings of our past: - The audioguided tour «O Barreiros dos nosos Antergos». Languages: [ESP] and [GAL]. - A visit to the center of San Cosme, San Pedro, San Miguel and Santiago de Reinante to see their indianos houses and pazos (manor houses).



# Festivities and events

There are various festivities and cultural and sport events throughout the year. Some of the celebrations done in Barreiros are the Entroido, the Feira de San Rosendo (the first Sunday of March), the Festival Histórico de Augas Santas (end of June), the Festival Folclórico Internacional do Emigrante (first Saturday of August) which is considered of Galician Tourist Interest, the Festa da Tortilla on the Romaría de San Caetano (mid-August), the Romaría de San Bartolo (around the 24th of August) and the San Cosme and the San Miguel (the 26th and 29th of September, respectively). In some of these you will see our giants and cabezudos. We also have other dates with cultural and sport events, with a year-long plan full of theatre, music, exhibitions and sport tournaments for all audiences.